## Statement of acceptable use of online platforms – parent and carer

Vibefitness understands the importance of online communication for children's development and social experiences. However, we recognise that relevant safeguards need to be put in place to ensure children and young people remain safe while online.

We ask that all parents and carers spend a few minutes to read through and discuss this statement with their child and then sign and return this form to Vicki Bentham

## \*Agreement of child / young person

- 1. I will display positive behaviour when using my phone at the studio and be responsible for my behaviour online.
- 2. I will not create or access illegal or harmful content. If I accidentally come across any such content, I will report this to a member of staff.
- 3. I will not send anyone images, videos or messages that are illegal, threatening, offensive, or upsetting.
- 4. I understand that I should only use the club's (or organisation's) official social media pages or website to contact them and should not contact individual staff directly.
- 5. I understand that my behaviour online may be addressed by my coach or other staff members at the club.
- 6. I will not give out any of my personal information (such as name, age, address or telephone number) online, or that of anyone else.
- 7. I will not share my passwords with anyone else.
- 8. I will not arrange to meet someone that I have met online unless accompanied by a member of staff or parent.
- 9. I understand that these rules are designed to keep me safe, and if they are not followed my parents may be contacted.
- 10. I will avoid using my mobile phone during activities as I understand that it will have an impact on my safety and my opportunity to learn and achieve.
- 11. I am aware that if I am experiencing bullying behaviour or abuse online, I can contact Vicki Bentham directly at the studio or email <a href="mailto:vibe-fitness@hotmail.com">vibe-fitness@hotmail.com</a>
- 12. I know I can contact Childline on **0800 11 11** or at **childline.org.uk** if I have any worries about something I've seen or experienced online.

## Vibefitness statement of acceptable use

Declaration – parent / carer		
We have discussed this statement and		(print child's name)
agrees to support the safe use of online platforms at vibefitness		
Signature	×	
Print name		
Today's date		